

### Auntie's Infants Daily Schedule

6:30 – 8:00 Welcome – Sleeping, Eating, Playing

8:00 – 8:15 Story Time

8:15 – 8:30 Diaper Changes

8:30 – 9:00 Floor Play with Favorite Toys/Infant Activities/Group Play

9:00 – 9:30 Outdoor Play/Gross Motor Activities

9:30 – 10:00 Snack Time

10:00 – 10:30 Sensory Stimulation & Manipulation

10:30 – 11:00 Diaper Changes

11:30 – 12:00 Lunch

12:00 – 2:00 Nap Time

2:00 – 2:15 Diaper Changes

2:15 – 2:30 Snack

2:30 – 3:00 Outdoor Play

3:00 – 3:30 Music & Movement

3:30 – 4:30 Infant Choice Activity

4:00 – 4:30 Diaper Changes

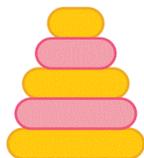
4:30 – 5:00 Snack

5:00 – 5:30 Story Time

5:30 – 6:30 Infant Choice Activity

6:30 – 6:30 Playhouse closes

\*Infants create their own schedule when it comes to sleep, hunger and diapering. We will follow the infants schedule and work on their milestones when they are awake, fed, and clean. Diaper changes are on demand and every 2 hours. Bottles will be given on demand or by parents provided feeding schedule.



## Auntie's Detailed Infant Daily Schedule

### **6:30 – 8:00 Welcome – Sleeping, Eating, Playing**

If your baby is sleeping, hungry, or ready for some fun tummy time, we'll greet you and your family with a smile.

### **8:00 – 8:15 Story Time**

Sometimes we read as a group, sometimes individually, sometimes with music, sometimes with huge books and sometimes with small books. This time is a great time for bonding!

### **8:15 – 8:30 Diaper Changes**

Diapers are changed at least every two hours unless they need to be changed sooner. Auntie's will talk to your infant telling them, make silly faces, sing songs, to promote language development.

### **8:30 – 9:00 Floor Play with Favorite Toys/Infant Activities/Group Play**

Each day we engage our youngest learners in a host of imaginative activities. You will find us playing peek-a-boo, dancing and playing musical instruments or reading stories. We teach baby sign language for basic common words like "milk" and "more", so our infants can communicate in a frustration-free manner with both Auntie's and family. All of these activities promote independence, self-confidence, social & emotional growth, talking & listening.

### **9:00 – 9:30 Outdoor Play/Gross Motor Activities**

Your infant will have the opportunity to get some fresh air, look for birds in the sky, watch the clouds go by, and explore our outdoor play area. We have a variety of equipment that are age appropriate to keep your infant interested and exploring the outdoors safely and works on their gross motor skills.

### **9:30 – 10:00 Snack Time**

Infants are given nutritious snacks that are provided from home. Infants can be bottle fed, soon fed or encourage to feed themselves when appropriate.

### **10:00 – 10:30 Sensory Stimulation & Manipulation**

We feel different textures, we follow swinging colors or objects with our eyes, smell interesting smells, listen for animal sounds or stories, etc. You will notice we never use screen time. It is all hands on and interactive with real life.

### **10:30 – 11:00 Diaper Changes**

Diapers are changed at least every two hours unless they need to be changed sooner. Auntie's will talk to your infant telling them, make silly faces, sing songs, to promote language development.

### **11:30 – 12:00 Lunch**

Most children in the infant room are spoon fed if they are eating solid foods. When appropriate Auntie's will encourage self-feed with a spoon or with their fingers. Meals that are given in the infant room are meals that are brought from home by parents.

### **12:00 – 2:00 Nap Time**

We adjust to accommodate the needs of your child. If your child is ready to take a nap at this time we will rock him/her, sing to him/her, turn soft lullabies on, rub/pat their back to allow the rest that is needed to grow and develop. All infants will sleep in their assigned crib.

**2:00 – 2:15 Diaper Changes**

Diapers are changed at least every two hours unless they need to be changed sooner. Auntie's will talk to your infant telling them, make silly faces, sing songs, to promote language development.

**2:15 – 2:30 Snack**

Infants are given nutritious snacks that are provided from home. Infants can be bottle fed, soon fed or encourage to feed themselves when appropriate.

**2:30 – 3:00 Outdoor Play/Gross Motor Activities**

Your infant will have the opportunity to get some fresh air, look for birds in the sky, watch the clouds go by, and explore our outdoor play area. We have a variety of equipment that are age appropriate to keep your infant interested and exploring the outdoors safely and works on their gross motor skills.

**3:00 – 3:30 Music & Movement**

We sing songs, listen to music, move and dance to music, play simple instruments, make silly sounds, and more!

**3:30 – 4:30 Infant Choice Activity**

Your infant will choose what toys or activities they want to play. We will offer a variety of different options and let them decide what catches their interest. We will continue to interact with them while they are discovering the touch, feel, look, sounds, as well as how and what it can do from the toys they choose to play with.

**4:00 – 4:30 Diaper Changes**

Diapers are changed at least every two hours unless they need to be changed sooner. Auntie's will talk to your infant telling them, make silly faces, sing songs, to promote language development.

**4:30 – 5:00 Snack**

Infants are given nutritious snacks that are provided from home. Infants can be bottle fed, soon fed or encourage to feed themselves when appropriate.

**5:00 – 5:30 Story Time**

Sometimes we read as a group, sometimes individually, sometimes with music, sometimes with huge books and sometimes with small books. This time is a great time for bonding!

**5:30 – 6:30 Infant Choice Activity**

Your infant will choose what toys or activities they want to play. We will offer a variety of different options and let them decide what catches their interest. We will continue to interact with them while they are discovering the touch, feel, look, sounds, as well as how and what it can do from the toys they choose to play with.

**6:30 – 6:30 Playhouse Closes**